

KPR Institute of Engineering and Technology

(Autonomous, NAAC "A")

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STUDENT AFFAIRS033

NBA Accredited (CSE, ECE, EEE, MECH, CIVIL)

GIRLS THROWBALL

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Event No	STUDENT AFFAIRS033	
Organizing Department	Student Affairs	
Date	22/10/2022	
Time	09:30 AM to 01:30 PM	
Event Type	Club Activity	
Event Level	Club Society	
Venue	KPR Sports complex	
Total Participants	40	
Students - Internal	40	

Related SDG



Involved Staffs

SI	Name	Role
1	Ravikumar P	Convenor
2	Suguna R K	Co-convenor
3	Renuka P	Coordinator

Outcome

As with any high intensity sport, there are many cardiovascular benefits of Throw ball. They were also taught to play without pushing and juggling the ball also releasing it within 3 seconds. This boosts their aerobic capacity, energy levels and metabolism, which in turn helps kids concentrate more in college.

Event Summary

Throwball is gaining popularity in India as a competitive sport.

As with any high intensity sport, there are many cardiovascular benefits of Throw ball. They were also taught to play without pushing and juggling the ball also releasing it within 3 seconds .

This boosts their aerobic capacity, energy levels and metabolism, which in turn helps kids concentrate more in college.

Student Affairs conducted Throw ball match for Girls through Student Premier League on October 13th 2022 (Saturday) at 09.30 am on KPR Sports Complex.

Several Teams participated in the competition.

Students from Aritificial Intelligence was the winner of the match and students from EEE were the runner of the match.

Medals were given to the participants and trophies were given to winner and runner teams.

Match started by 09.30 am and came to close by 1.30 pm.

Dr. Sree latha, Professor from Bio medical department gave the trophies and medals to the participants and winners.

Faculties from AD department and EEE department encouraged the students.

Through the Students Premier League, the students play Throw Ball and develop physical fitness, goal setting, agility, hand and body co-ordination, discipline, how to deal with triumph and defeat & build team spirit in them.

Playing Throw ball on a regular basis is one way to increase one's physical activity level, which will help to get fit and toned, as well as healthy and energetic.

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